

Sonning Common Health Centre
Patient Participation Group Meeting Minutes
7th February 2023

- 1 Present - Dr Ralph Drury, Vicky Mynott, David Whitehead, Margaret Woodward, Jeni Wood, Sue Abbott, Ratchet Downey, Abbie Crook
- 2 Apologies for absence. Katie Williams, Sally Palmer - standing down as moving out of the area.
- 3 Minutes from the previous meeting 25th October 2022 confirmed. **Sue to put minutes on Website**
- 4 Community Link Workers/Social Prescribers - Rachel and Abbie - working for Age Concern to aid people who don't need medical care but do need social sign posting. Any HC patients can be referred, or self-refer by contacting directly by phone. They also screen over 85 year olds who live alone via telephone call as initial contact then possibly a home visit. They are happy to do home visits or meet in a neutral location at the choice of a client. They can assist with a long list of social problems such as loneliness, accessing District nurses, occupational therapists, physiotherapists, financial advice via Oxford Specialist Advice Service. There seems to be no end to their scope of practice and if in doubt for non-medical issues it is worth contacting them to see if they can assist or signpost you to someone who can.

Katie had mentioned to Vicky and Sally about possible help from the PPG to Dementia Oxfordshire as South Oxfordshire Dementia Adviser. Melissa is supporting our Dementia patients and their families and is looking to hold regular support groups for both our patients who have been diagnosed with Dementia and their families. It was agreed there are a lot of groups already working to help with these people in the village so **Sue will talk to Katie about suggesting they talk with George King at Abby Crest, the memory cafe and Bluebells in Henley.**

- 5 Update from Surgery
Staff Changes
 - Long service member of our administration team, Helen has retired. She will be missed. Hayley was able to have a three week hand-over period and is settling in well.
 - Jan, one of our reception members has also retired. We have recently welcomed Anne and have also recruited Carol (due to start end February), to help with the demands of reception.
 - A new nursing member, Annabel, will be joining the practice on March 1st with a wide range of nursing skills to help the clinical team.

- Interviews will be taking place during February/early March to recruit a new Partner to join the Practice. Dr Drury was pleased to announce two candidates would be seen. The successful candidate would work for a year as a salaried gp before becoming a partner in April 2024.

Building changes

Sue A has met with three builders to re-configure some of the upstairs rooms to expand office space and utilise storage. This work will take place over the weekends and out of hours, so as not to minimise disruption to the working day. No further progress has been made on pursuing a planning application to SODC to build an extension over the existing staff car parking area and record store.

Health Champion

Sue Litchfield continues to write interesting and topical items for the Sonning Common Magazine as well as changing the entrance lobby information display regularly. Thanks were said for Sue's work.

6 Events

Nicos Spyrou - date confirmed for 19th April - General Cardiology Talk
Poster to be made - Vicky and shared for advertising - Vicky, David and Sue.

Antoni Chan - **confirmed he will do talk but date TBC** (discussed May/June)

Diabetes -Margaret has been referred by Adam (who no longer does the active community role) to Emma Teasdale at healthwatch - decided to leave this lead at present and revisit at a later date if it seems appropriate.

Margaret also looked into Nutrition/Dietician health professional to do a talk and found that Janet Fellows at Achieve Oxford (Nutritionist) may be a good contact so will look at this going forward for Health Talks

Vicky suggested a first aid course might be a good topic. But it would be limited numbers due to the nature of teaching technique. Would have to be face to face. The group thought this would be good to look into and suggested **Chris Brooks from First responders as a contact to help arranging.**

- 7 a.SOPPA (South Oxfordshire PPG Alliance) - no update
b.PCN - RBH Hospital development talk on 10th Feb 10-12 at Henley Rugby Club
Healthwatch updates - Margaret will be the new contact and pass relevant information on from the emails from Emma Teasdale. She will also update Emma on any events we are hosting.
- 8 Market Research update - Jeni and Marlena are co-ordinating on a plan. Jeni thinks it would be best to do a face to face questionnaire in the waiting room.
First to get the survey compiled and check with the surgery.

9 Any other business.

David would like to discuss the survey results and compare them to the other local surgery's. **To be shared with Vicky, Sue and Katie and to be discussed in the next meeting.**

10 Date and time of next meeting.

Tuesday 16th May 2-3.30pm

Tuesday 12th September 2-3.30pm

Tuesday 28th November 2-3.30pm