

If you have been bereaved or know someone who has been bereaved, why not pop along?

Late Spring Oxfordshire

Virtual Meetings

An opportunity to come together online with others who understand

These new virtual groups will run as follows:

- 2nd Monday of the month from 2pm-3pm
- 1st Tuesday of the month 11am-12pm
- 4th Wednesday of the month 2:30pm-3:30pm
- 3rd Thursday of the month 10am-11am

If you have a computer, tablet or smartphone but have never used Zoom, we can send you a simple 'how to' guide to help you feel confident to give it a go and be involved. If you don't have access to a computer, you can still phone in using your normal phone.

For more details and to book your place please contact **01235 849434**
or email us at latespring@ageukoxfordshire.org.uk