## SONNING COMMON HEALTH CENTRE

Wood Lane, Sonning Common, Reading, RG4 9SW Tel: 0118 972 2188 Appointments: 0118 972 2745

July 2018

**Dear Patient** 

## **Prescription for Dovobet**

You are currently being prescribed Dovobet for psoriasis. This is no longer on the Oxfordshire formulary and therefore we cannot continue prescribing it.

We have switched your Dovobet (which contains the active ingredients calcipotriol and betamethasone) to a cream which only contains the active ingredient calcipotriol. For most people this controls the symptoms and does not give you the side effects of using betamethasone regularly.

If you have a flare in psoriasis we are happy to give you a course of betamethasone to use for one to two weeks only on the rash, to control the symptoms during the flare, in addition to the regular preventative calcipotriol.

Using the betamethasone regularly in combination (e.g. with Dovobet) is not good practice, compared to being able to alter the dose of both, depending on your symptoms.

We have included both calcipotriol and betamethasone on your repeat prescriptions to make it easier for you to request as needed.

Further information can be found at <a href="http://www.bad.org.uk/for-the-public/patient-information-leaflets/psoriasis---topical-treatments">http://www.bad.org.uk/for-the-public/patient-information-leaflets/psoriasis---topical-treatments</a>. Please contact us for a telephone appointment if you continue to have unanswered questions.

Yours sincerely

**Dr Nick Smith**